# WELLNESS PACKAGES FOR GENTLEMEN

### Dhruv Basic Plan

- 1. Complete Blood Count (CBC)
- 2. Fasting Blood Sugar (FBS)
- 3. Post Meal Blood Sugar (PMBS)
- 4. Lipid Profile
- 5. Liver Function Test (LFT)
- 6. Urea
- 7. Creatinine
- 8. Thyroid Stimulating Hormone (TSH)

Total Cost: Rs. 1700/-

Dhruv Special Package Rs. 1050/- Only

Prevention is better than cure!

Dhruv guides you to healthy life!

Nothing is more precious than health!

### DHRUV CARDIAC PROFILE

- 1 Complete Blood Count (CBC)
- 2 Fasting Blood Sugar (FBS)
- 3 Post Meal Blood Sugar (PMBS)
- 4 Liver Function Test (LFT)
- 5 Kidney Function Test (KFT)
- 6 Lipid Profile
- 7 Uric Acid
- 8 Urine Routine
- 9 Thyroid Function Test (TFT)
- 10 Vitamin D3
- 11 Vitamin B12
- 12 ECG
- 13 TMT/2D ECHO (any one)

Total Cost: Rs. 5850/-

Dhruv Special Package:Rs. 3500/- Only

Complementary Breakfast Included

"It is health that is real wealth and not pieces of gold & silver"- Mahatma Gandhiji

#### DHRUV DIABETIC PROFILE

- 1. Complete Blood Count (CBC)
- 2. Fasting Blood Sugar (FBS)
- 3. Post Meal Blood Sugar (PMBS)
- 4. Liver Function Test (LFT)
- 5. Kidney Function Test (KFT)
- 6. Lipid Profile
- 7. Urine Routine
- 8. Vitamin D3
- 9. Thyroid Function Test (TFT)
- 10. HbA1c
- 11. Calcium
- 12. Fasting Insulin
- 13. Treadmill Stress Test (TMT)

Total Cost: Rs. 5950/-

Dhruv Special Package Rs. 3500/- Only

Complementary Breakfast Included

"Good health is a crown on the head of a well person that only a sick person can see" -Rohit Sharma

## DHRUV WELLNESS PROFILE (GENTLEMEN)

- 1. Complete Blood Count (CBC)
- 2. Fasting Blood Sugar (FBS)
- 3. Post Meal Blood Sugar (PMBS)
- 4. Liver Function Test (LFT)
- 5. Uric Acid
- 6. Kidney Function Test (KFT)
- 7. Lipid Profile
- 8. Urine Routine
- 9. Thyroid Function Test (TFT)
- 10. Vitamin D3
- 11. Vitamin B12
- 12. Prostate Specific Antigen (PSA)
- 13. USG Abdomen with Pelvis

Total Cost: Rs. 4950/-

Dhruv Special Package Rs. 3000/- Only

Complementary Breakfast Included

"The greatest wealth is health"-Virgil

## DHRUV FULL BODY CHECK UP (GENTLEMEN)

- 1. Complete Blood Count (CBC)
- 2. Fasting Blood Sugar (FBS)
- 3. Post Meal Blood Sugar (PMBS)
- 4. HbA1c
- 5. Liver Function Test (LFT)
- 6. Kidney Function Test (KFT)
- 7. Lipid Profile
- 8. Uric Acid
- 9. Urine Routine
- 10. Thyroid Function Test (TFT)
- 11. Vitamin D3
- 12. Vitamin B12
- 13. Prostate Specific Antigen (PSA)
- 14. TMT/2D ECHO (any one)
- 15. Pulmonary Function Test (PFT)
- 16. USG Abdomen with Pelvis

Total Cost: Rs. 7600/-

Dhruv Special Package: Rs. 4500/- Only

Complementary Breakfast Included

"The first wealth is health" -Ralph Waldo Emerson

### DHRUV FULL BODY CHECK UP (GENTLEMEN) WITH CONSULTATION

1. Complete Blood Count (CBC)	13. Total Iron Binding Capacity (TIBC)
2. Fasting Blood Sugar (FBS)	14. Ferritin
3. Post Meal Blood Sugar (PMBS)	15. Vitamin D3
4. HbA1C	16. Vitamin B12
5. Liver Function Test (LFT)	17. Prostate Specific Antigen (PSA)
6. Kidney Function Test (KFT)	18. TMT / 2D ECHO (any one)
7. Lipid Profile	19. Pulmonary Function Test (PFT)
8. Uric Acid	20. USG Abdomen with Pelvis
9. Urine Routine	21. Eye Check Up (Basic)
10. Thyroid Function Test (TFT)	22. Dental Check Up (Basic)
11. Folic Acid	23. Physician Consultation
12. Iron	

**Total Cost: Rs. 10450/-**

Dhruv Special Package: Rs. 6500/- Only

Complementary Breakfast Included

"I believe that the greatest gift that you can give your family and the world is healthy you" -Joyce Meyer

### Note:

- ➤ Your Health Check-up is scheduled with prior appointment only.
- ➤ Minimum 10 to 12 hours of fasting is essential prior to your check-up.

  Take light dinner previous night.
- ➤ If you are diabetic, take insulin injection or tablets as recommended by your doctor.
- ➤ If you are having thyroid, please take the medication as per your prescription.
- ➤ For any queries or instructions related to medicine compliance, please check with family doctor.